

OMB APPROVAL	
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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person* Angoorly Caroline <hr/> (Last) (First) (Middle) NRG ENERGY, INC., 211 CARNEGIE CENTER <hr/> (Street) PRINCETON NJ 08540 <hr/> (City) (State) (Zip)	2. Date of Event Requiring Statement (Month/Day/Year) 01/03/2006	3. Issuer Name and Ticker or Trading Symbol NRG ENERGY, INC. [NRG]	
		4. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner Other (specify below) <input checked="" type="checkbox"/> Officer (give title below) VP, Environmental & New Bus.	5. If Amendment, Date of Original Filed (Month/Day/Year) 6. Individual or Joint/Group Filing (Check Applicable Line) <input checked="" type="checkbox"/> Form filed by One Reporting Person Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Beneficially Owned			
1. Title of Security (Instr. 4)	2. Amount of Securities Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock, par value \$0.01 per share ⁽¹⁾	7,568 ^{(1) (2) (3)}	D	

Table II - Derivative Securities Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)		3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)		4. Conversion or Exercise Price of Derivative Security	5. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of Shares ^M			
Non-Qualified Stock Option	05/17/2005 ⁽⁴⁾	05/17/2010 ⁽⁵⁾	Common Stock, par value \$0.01 per share	16,000	\$ 20.33	D	
Non-Qualified Stock Option	08/01/2006 ⁽⁶⁾	08/01/2011 ⁽⁵⁾	Common Stock, par value \$0.01 per share	7,000	\$ 38.8	D	
Performance Units ⁽⁷⁾	08/01/2008 ⁽⁷⁾	08/01/2008 ⁽⁷⁾	Common Stock, par value \$0.01 per share	4,000	\$ ⁽⁷⁾	D	

Explanation of Responses:

1. Represents the following securities issued to Ms. Angoorly by NRG Energy, Inc. under NRG Energy, Inc.'s Long Term Incentive Plan: (i) 4,400 Restricted Stock Units issued on May 17, 2004; (ii) 1,000 Restricted Stock Units issued on August 1, 2005; and (iii) 2,362 Deferred Stock Units issued on March 14, 2005.

2. Each Deferred Stock Unit is equivalent in value to one share of NRG Energy, Inc.'s Common Stock, par value \$0.01. Ms. Angoorly has received or will receive from NRG Energy, Inc. one such share of Common Stock for each Deferred Stock Unit on the following schedule: (i) 25% on May 1, 2005; (ii) 45% on May 1, 2006; and (iii) 30% on May 1, 2007. On May 1, 2005, Ms. Angoorly received 397 shares of Common Stock which represents one such share of Common Stock for 25% (591 shares) of the Deferred Stock Units granted on March 14, 2005 minus 194 shares to satisfy her tax withholding obligation upon conversion. Pursuant to NRG Energy, Inc.'s Long Term Incentive Plan, Ms. Angoorly elected to satisfy her tax withholding obligation upon the exchange of common stock for Deferred Stock Units by surrendering a number of shares of Common Stock having a value on the date of the exchange equal to the tax withholding obligation.

3. Each Restricted Stock Unit is equivalent in value to one share of NRG Energy, Inc.'s Common Stock, par value \$0.01. Ms. Angoorly will receive from NRG Energy, Inc. one such share of Common Stock for each Restricted Stock Unit as follows: (i) 4,400 shares on May 17, 2007 and (ii) 1,000 shares on August 1, 2008.

4. Pursuant to the Grant Agreement by and between NRG Energy, Inc. and Ms. Angoorly, the Stock Options vest and become exercisable as follows: 33 1/3% on May 17, 2005; 33 1/3% on May 17, 2006; and 33 1/3% on May 17, 2007.

5. Stock Options expire six years from the date of grant.

6. Pursuant to the Grant Agreement by and between NRG Energy, Inc. and Ms. Angoorly, the Stock Options will vest and become exercisable as follows: 33 1/3% on August 1, 2006; 33 1/3% on August 1, 2007; and 33 1/3% on August 1, 2008.

7. Ms. Angoorly was issued 2,000 Performance Units by NRG Energy, Inc. under NRG Energy, Inc.'s Long Term Incentive Plan on August 1, 2005. Each Performance Unit will be paid out on August 1, 2008 if the average closing price of NRG Energy, Inc.'s Common Stock for the ten trading days prior to August 1, 2008 (the "Measurement Price") is equal to or greater than \$54.50 (the "Target Price"). The payout for each Performance Unit will be equal to: (i) one share of Common Stock, if the Measurement Price equals the Target Price; (ii) a prorated amount in between one and two shares of Common Stock, if the Measurement Price is greater than the Target Price but less than \$63.75 (the "Maximum Price"); and (iii) two shares of Common Stock, if the Measurement Price is equal to or greater than the Maximum Price.

/s/ Tajuja M. Dehne, under
Power of Attorney 01/04/2006

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

December 15, 2005

POWER OF ATTORNEY

KNOW ALL BY THESE PRESENTS, that the undersigned hereby constitutes and appoints each of David W. Crane, Timothy W. J. O'Brien and Tanuja M. Dehne, signing singly, the undersigned's true and lawful attorney-in-fact to: (i) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director and/or owner of greater than 10% of the outstanding Common Stock of NRG Energy, Inc., a Delaware corporation (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder; (ii) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority, including the New York Stock Exchange; and (iii) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. Each of the undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the

undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by each of the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned have caused this Power of Attorney to be executed as of date first written above.

Caroline G. Angoorly

/s/ Caroline G. Angoorly
