

FOR IMMEDIATE RELEASE

NRG Energy President & Chief Executive Officer, David Crane, to Present at the 2009 Deutsche Bank Energy, Utilities & Power Conference

Princeton, NJ; May 22, 2009—NRG Energy, Inc. (NYSE: NRG) announced that David Crane, President and Chief Executive Officer, will present at the 2009 Deutsche Bank Energy, Utilities & Power Conference on Wednesday, May 27, 2009 at 9:10am eastern.

Interested investors can listen to the live audio webcast at http://www.nrgenergy.com under "Investors." A replay of the webcast will be archived on the website.

NRG Energy, Inc., a Fortune 500 company, owns and operates one of the country's largest and most diverse power generation portfolios. Headquartered in Princeton, NJ, the Company's power plants provide more than 24,000 megawatts of generation capacity—enough to supply more than 20 million homes. NRG's retail business, Reliant Energy, serves more than 1.7 million residential, business, commercial and industrial customers in Texas. A past recipient of the energy industry's highest honors—Platts Industry Leadership and Energy Company of the Year awards, NRG is a member of the U.S. Climate Action Partnership (USCAP), a group of business and environmental organizations calling for mandatory legislation to reduce greenhouse gas emissions. More information is available at www.nrgenergy.com.

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Investors

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