FORM 4

## **UNITED STATES SECURITIES AND EXCHANGE COMMISSION**

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person*  Angoorly Caroline					NRO	2. Issuer Name and Ticker or Trading Symbol NRG ENERGY, INC. [ NRG ]										all app	ship of Reporting F applicable) irector		rson(s) to	
(Last)	(Fir	,	/liddle)		3. Date of Earliest Transaction (Month/Day/Year) 05/01/2006									X	Officer (give title below)  VP, Environmenta		ntal	Other (specify below)		
NRG ENERGY, INC. 211 CARNEGIE CENTER				4 15 0																
- CARNEGIE CENTER				4. If Al	4. If Amendment, Date of Original Filed (Month/Day/Year)									<ol><li>Individual or Joint/Group Filing (Check Applicable Line)</li></ol>						
(Street)														X	X Form filed by One Reporting Person					
PRINCE'	NCETON NJ 08540															Form filed by More than One Reporting Person				
(City)	(St	ate) (Z	ľip)																	
		Tabl	e I - N	on-Deriv	ative S	ecu	ıritie	s Acq	juired, l	Disp	osed o	f, or	Bene	ficia	ally C	Owne	d			
1. Title of Security (Instr. 3)  2. Transact Date (Month/Day				y/Year)	Execution Date,			3. Transaction Code (Instr. 8)  4. Securities Disposed Of and 5)						3, 4 Secur		rities Fe ficially (Ded In		wnership n: Direct or rect (I) tr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
								Code	v	Amount		(A) or (D)	Pric	e   :	Reported Transaction(s) (Instr. 3 and 4)		(5	<del>-,</del> )	(111501. 4)	
Common Stock, par value \$0.01 per share <sup>(1)</sup> 05/01				05/01/2	2006				F		373(1	1)	D (		1)	8,495			D	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	erivative   Conversion   Date   Execution Date,   ecurity   or Exercise   (Month/Day/Year)   if any			4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Security (Insti 3 and 4)			8. Pri of Deriv Secui (Instr	rative rity . 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction (Instr. 4)	, D o (I 4	0. Ownership Form: Direct (D) or Indirect I) (Instr.	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
					Code	v	(A)	(D)	Date Exercisal		Expiration Date	Title	or Nur of	nber						

### Explanation of Responses:

1. On March 14, 2005, Ms. Angoorly was issued 2,362 Deferred Stock Units ("DSU's") by NRG Energy, Inc. under NRG Energy, Inc.'s Long Term Incentive Plan (the "LTIP"). Each DSU is equivalent in value to one share of NRG's Common Stock, par value \$0.01. On May 1, 2006, 45% of her grant, or 1,063 DSU's, converted to common shares. Pursuant to the LTIP, Ms. Angoorly elected to satisfy her tax withholding obligation upon the exchange of common stock for DSU's by surrendering a number of shares of common stock having a value on the date of the exchange equal to the tax withholding obligation. This form is being filed to reflect the surrender of 373 shares of common stock to satisfy the grantee's tax withholding obligation.

# Remarks:

/s/ Tanuja M. Dehne, under Power of Attorney 05

05/03/2006

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- $^{\star}$  If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

#### POWER OF ATTORNEY

KNOW ALL BY THESE PRESENTS, that the undersigned hereby constitutes and appoints each of David W. Crane, Timothy W.J. O'Brien and Tanuja M. Dehne, signing singly, the undersigned's true and lawful attorney-in-fact to: (i) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director and/or owner of greater than 10% of the outstanding Common Stock of NRG Energy, Inc., a Delaware corporation (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder; (ii) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority, including the New York Stock Exchange; and (iii) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney in fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney in fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney in fact may approve in such attorney in fact's discretion.

The undersigned hereby grants to each such attorney in fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney in fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. Each of the undersigned acknowledges that the foregoing attorneys in fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by each of the undersigned in a signed writing delivered to the foregoing attorneys in fact.

IN WITNESS WHEREOF, the undersigned have caused this Power of Attorney to be executed as of date first written above.

Caroline G. Angoorly

/s/ Caroline G. Angoorly