FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

OMB APPROVAL								
OMB Number:	3235-0287							
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nours per response:	0.5							

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

									Investmen									
Name and Address of Reporting Person* Winn Steve						2. Issuer Name and Ticker or Trading Symbol NRG ENERGY, INC. [NRG]								5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
(Last)	(F	irst)	(Middle))		3. Date of Earliest Transaction (Month/Day/Year) 01/08/2008							X	Offic	er (give title		(specify	
NRG EN	NERGY, IN	C.													EVP,	, Strategy, E	nv and New	Bus
211 CAI	RNEGIE C	ENTER			4. If	4. If Amendment, Date of Original Filed (Month/Day/Year)							6. Individual or Joint/Group Filing (Check Applicable Line)					
(Street)														X	Form	n filed by One	Reporting Per	son
PRINCE	ETON N	J	08540	_									Form filed by More than One Reporting Person					
(City)	(S	tate)	(Zip)															
		Tab	le I - I	Non-Deri	vative	Sec	urit	ies A	cquired,	Dis	posed	of, or	Benefi	cially	Own	ed		
1. Title of Security (Instr. 3) 2. Transactic Date (Month/Day/					Execution Date,		Transaction Dispose Code (Instr. 5)		urities Acquired (A sed Of (D) (Instr. 3,		, 4 and Securities Beneficially Owned		rities ficially ed	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership			
							Code	v	Amount	t (A)	or Pri	ce	Following Reported Transaction(s) (Instr. 3 and 4)		(Instr. 4)	(Instr. 4)		
Common	Stock, par	value .01 per sh	nare	01/08/2	2008	008			M ⁽¹⁾		2,25	0	\$	19.4	2	28,412	D	
Common Stock, par value .01 per share 01/08/20				2008	008			M ⁽¹⁾		1,50	0 /	\ \$	15.74		29,912	D		
Common Stock, par value .01 per share 01/08/20					2008	08			M ⁽¹⁾		3,75	0 4	\$2	3.975	75 33,662		D	
Common Stock, par value .01 per share 01/08/20				2008	008			S ⁽¹⁾		7,40	0 1) \$4	\$40.15		26,262	D		
Common Stock, par value .01 per share 01/08/20				2008	008			S ⁽¹⁾		100 D \$		40.31	26,162		D			
		T	able II	l - Deriva											wned	I		
1. Title of Derivative Security (Instr. 3)	Conversion Date or Exercise (Month/Day/Year) if		if any		4. Transa	. 5. (namber line)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. and 4)		8. Price of Derivativ Security (Instr. 5)	rivative curity	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s (Instr. 4)	Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)		
					Code	v	(A)	(D)	Date Exercisable		xpiration ate	Title	Amou or Numb of Share	er				
Non- Qualified Stock Options	\$19.4	01/08/2008			M ⁽¹⁾			2,250	(2)	08	8/01/2011	Stock, par value \$.01 per share	2,25	0	\$0.00	4,750	D	
Non- Qualified Stock Options	\$15.74	01/08/2008			M ⁽¹⁾			1,500	(3)	11	/19/2014	Commos stock, par value \$.01 per share	1,50	0	\$0.00	0	D	
Non- Qualified Stock Options	\$23.975	01/08/2008			M ⁽¹⁾			3,750	(4)	01	/03/2012	Commos Stock, par value \$.01 per share	3,75	0	\$0.00	80,650	D	

Explanation of Responses:

- $1. \ Transaction \ made \ pursuant \ to \ 10b5-1 \ plan \ dated \ November \ 9, \ 2007.$
- 2. Pursuant to the Grant Agreement by and between NRG Energy, Inc. and Mr. Winn, the Stock Options vested and became exercisable as follows: 33 1/3% on August 1, 2006 and 33 1/3% on August 1, 2007. The remaining 33 1/3% will vest on August 1, 2008.
- 3. Pursuant to the Grant Agreement by and between NRG Energy, Inc. and Mr. Winn, the Stock Options vested and became exercisable as follows: 33 1/3% on November 19, 2005 and 33 1/3% on November 19, 2006 and 33 1/3% on November 19, 2007.

4. Pursuant to the Grant Agreement by and between NRG Energy, Inc. and Mr. Winn, 33 1/3% of the Stock Options vested on January 3, 2007. The remaining 66 2/3% will vest as follows: 33 1/3% on January 3, 2008 and 33 1/3% on January 3, 2009.

Remarks:

/s/ Brian Curci, under Power of 01/10/2008 Attorney

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

September 7, 2007

POWER OF ATTORNEY

POWER OF ATTORNEY

KNOW ALL BY THESE PRESENTS, that the undersigned hereby constitutes and appoints each of David Crane, J. Andrew Murphy, Tanuja M. Dehne and Brian Curci, signing singly, the undersigned's true and lawful attorney-in-fact to: (i) execute for and on behalf of the undersigned, in the undersigned's capacity as an officer and/or director and/or owner of greater than 10% of the outstanding Common Stock of NRG Energy, Inc., a Delaware corporation (the "Company"), Forms 3, 4, and 5 in accordance with Section 16(a) of the Securities Exchange Act of 1934 and the rules thereunder; (ii) do and perform any and all acts for and on behalf of the undersigned which may be necessary or desirable to complete and execute any such Form 3, 4, or 5 and timely file such form with the United States Securities and Exchange Commission and any stock exchange or similar authority, including the New York Stock Exchange; and (iii) take any other action of any type whatsoever in connection with the foregoing which, in the opinion of such attorney-in-fact, may be of benefit to, in the best interest of, or legally required by, the undersigned, it being understood that the documents executed by such attorney-in-fact on behalf of the undersigned pursuant to this Power of Attorney shall be in such form and shall contain such terms and conditions as such attorney-in-fact may approve in such attorney-in-fact's discretion.

The undersigned hereby grants to each such attorney-in-fact full power and authority to do and perform any and every act and thing whatsoever requisite, necessary, or proper to be done in the exercise of any of the rights and powers herein granted, as fully to all intents and purposes as the undersigned might or could do if personally present, with full power of substitution or revocation, hereby ratifying and confirming all that such attorney-in-fact's substitute or substitutes, shall lawfully do or cause to be done by virtue of this power of attorney and the rights and powers herein granted. Each of the undersigned acknowledges that the foregoing attorneys-in-fact, in serving in such capacity at the request of the undersigned, are not assuming, nor is the Company assuming, any of the undersigned's responsibilities to comply with Section 16 of the Securities Exchange Act of 1934.

This Power of Attorney shall remain in full force and effect until the undersigned is no longer required to file Forms 3, 4, and 5 with respect to the undersigned's holdings of and transactions in securities issued by the Company, unless earlier revoked by each of the undersigned in a signed writing delivered to the foregoing attorneys-in-fact.

IN WITNESS WHEREOF, the undersigned have caused this Power of Attorney to be executed as of date first written above.

Steve Winr	n		
/s/ Steve	Winn		