

NEWS RELEASE

FOR IMMEDIATE RELEASE

NRG Energy, Inc. to Present Second Quarter 2010 Earnings on August 2

PRINCETON, NJ; July 29, 2010—NRG Energy, Inc. (NYSE: NRG) has moved up the date of the Company's second quarter 2010 earnings call to accommodate a management scheduling conflict and ensure full management participation. The call will now take place on Monday, August 2, at 9:00am eastern.

To access the live webcast of the conference call and presentation materials, log on to NRG's website at http://www.nrgenergy.com and click on "Investors." The webcast will be archived on the site for those unable to listen in real time.

About NRG

NRG Energy, Inc., a Fortune 500 and S&P 500 Index company, owns and operates one of the country's largest and most diverse power generation portfolios. Headquartered in Princeton, NJ, the Company's power plants provide more than 24,000 megawatts of generation capacity—enough to supply more than 20 million homes. NRG's retail business, Reliant Energy, serves 1.6 million residential, business, commercial and industrial customers in Texas. A past recipient of the energy industry's highest honors—Platts Industry Leadership and Energy Company of the Year awards, NRG is a member of the U.S. Climate Action Partnership (USCAP), a group of business and environmental organizations calling for mandatory legislation to reduce greenhouse gas emissions. More information is available at www.nrgenergy.com.

###

Contacts:

Media:	Investors:
Meredith Moore	Nahla Azmy
609.524.4522	609.524.4526
Lori Neuman	Stefan Kimball
609.524.4525	609.524.4527
David Knox	Erin Gilli
713.795.6106	609.524.4528