



NEWS RELEASE

FOR IMMEDIATE RELEASE

NRG Energy, Inc. to Present Third Quarter 2009 Earnings on October 29

PRINCETON, NJ; October 14, 2009—NRG Energy, Inc. (NYSE: NRG) plans to present the Company's third quarter 2009 financial results to the financial community in a conference call to be held Thursday, October 29, at 9:00a.m. eastern.

Investors, the news media and others may access the live webcast of the conference call and presentation materials by logging on to NRG's website at <http://www.nrgenergy.com> and clicking on "Investors." The webcast will be archived on the site for those unable to listen in real time.

About NRG

NRG Energy, Inc., a Fortune 500 company, owns and operates one of the country's largest and most diverse power generation portfolios. Headquartered in Princeton, NJ, the Company's power plants provide more than 24,000 megawatts of generation capacity—enough to supply more than 20 million homes. NRG's retail business, Reliant Energy, serves more than 1.6 million residential, business, commercial and industrial customers in Texas. A past recipient of the energy industry's highest honors—Platts Industry Leadership and Energy Company of the Year awards, NRG is a member of the U.S. Climate Action Partnership (USCAP), a group of business and environmental organizations calling for mandatory legislation to reduce greenhouse gas emissions. More information is available at www.nrgenergy.com.

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