



NRG Energy's Chief Executive Officer and Chief Financial Officer Establish 10b5-1 Trading Plans

September 5, 2007

PRINCETON, N.J.--(BUSINESS WIRE)--Sept. 5, 2007--NRG Energy, Inc. (NYSE:NRG) has announced that David Crane, President and Chief Executive Officer and Robert Flexon, Executive Vice President and Chief Financial Officer, and other senior NRG executives, have established trading plans in accordance with Rule 10b5-1 of the Securities Exchange Act. Rule 10b5-1 permits individuals who are not then in possession of material nonpublic information to establish prearranged plans to buy or sell stock. The rule allows individuals to buy or sell shares of stock at a specific price in the future, regardless of any subsequent material nonpublic information.

It is the viewpoint of the Company that enabling prudent financial planning is an essential component of management retention. In order to mitigate potential market concerns about the timing of share transactions, the Company has requested that all of its Section 16 officers, including its CEO and CFO, who elect to buy or sell NRG shares, do so pursuant to Rule 10b5-1 plans. Under their individual plans, Crane and Flexon intend to exercise a portion of their original grants, including vested stock options, and sell the underlying net shares of NRG common stock. After completion of all of the sales contemplated by today's trading plans, both Crane and Flexon will continue to hold ownership interests in NRG well in excess of the Company's current stock ownership guidelines. (Six times and three times base salary in the case of Crane and Flexon, respectively.)

About NRG

A Fortune 500 company, NRG Energy, Inc. owns and operates a diverse portfolio of power-generating facilities, primarily in Texas and the Northeast, South Central and West regions of the United States. Its operations include baseload, intermediate, peaking, and cogeneration and thermal energy production facilities. NRG also has ownership interests in generating facilities in Australia, Germany and Brazil. More information on NRG is available at www.nrgenergy.com.

This news release contains forward-looking statements within the meaning of Section 27A of the Securities Act of 1933 and Section 21E of the Securities Exchange Act of 1934. Such forward-looking statements are subject to certain risks, uncertainties and assumptions and typically can be identified by the use of words such as "will," "expect," "believe," and similar terms. Although NRG believes that its expectations are reasonable, it can give no assurance that these expectations will prove to have been correct, and actual results may vary materially. Factors that could cause actual results to differ materially from those contemplated above include, among others, general economic conditions, permitting and regulatory obstacles, and construction delays.

NRG undertakes no obligation to update or revise any forward-looking statements, whether as a result of new information, future events or otherwise. The foregoing review of factors that could cause NRG's actual results to differ materially from those contemplated in the forward-looking statements included in this news release should be considered in connection with information regarding risks and uncertainties that may affect NRG's future results included in NRG's filings with the Securities and Exchange Commission at www.sec.gov.

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